

CHILD/ADOLESCENT BIOPSYCHOSOCIAL

IDENTIFYING INFORMATION:

Date of Initial Assessment: _____

Name of child _____ Sex: (M) ____ (F) ____

Birth date _____ Place of birth _____ Age _____

Address _____

Race/Ethnicity(optional) _____

Referral Source: _____

Chief concern about your child: _____

Other concerns: (check all that apply):

- | | | |
|---|---|---|
| <input type="checkbox"/> Very unhappy | <input type="checkbox"/> Impulsive | <input type="checkbox"/> Fire setting |
| <input type="checkbox"/> Irritable | <input type="checkbox"/> Stubborn | <input type="checkbox"/> Stealing |
| <input type="checkbox"/> Temper outbursts | <input type="checkbox"/> Disobedient | <input type="checkbox"/> Lying |
| <input type="checkbox"/> Withdrawn | <input type="checkbox"/> Infantile | <input type="checkbox"/> Sexual trouble |
| <input type="checkbox"/> Daydreaming | <input type="checkbox"/> Mean to others | <input type="checkbox"/> School performance |
| <input type="checkbox"/> Fearful | <input type="checkbox"/> Destructive | <input type="checkbox"/> Truancy |
| <input type="checkbox"/> Clumsy | <input type="checkbox"/> Trouble with the law | <input type="checkbox"/> Bed wetting |
| <input type="checkbox"/> Overactive | <input type="checkbox"/> Running away | <input type="checkbox"/> Soiled pants |
| <input type="checkbox"/> Slow | <input type="checkbox"/> Self-mutilating | <input type="checkbox"/> Eating problems |
| <input type="checkbox"/> Short attention span | <input type="checkbox"/> Head banging | <input type="checkbox"/> Sleeping problems |
| <input type="checkbox"/> Distractible | <input type="checkbox"/> Rocking | <input type="checkbox"/> Sickly |
| <input type="checkbox"/> Lacks initiative | <input type="checkbox"/> Shy | <input type="checkbox"/> Drug/Alcohol use |
| <input type="checkbox"/> Undependable | <input type="checkbox"/> Strange behavior | <input type="checkbox"/> Phobic |
| <input type="checkbox"/> Peer conflict | <input type="checkbox"/> Strange thoughts | <input type="checkbox"/> Suicidal talk |

Please explain checked items:

How long have these problems occurred?

What occurred or changed that prompted you to seek therapy at this time?

Has your child been in therapy before? Yes No

If yes, please explain

What are your expectations of your child?

What changes would you like to see in your child?

What changes would you like to see in yourself? In your family?

CURRENT FAMILY SITUATION:

Parent 1 name: _____

Relationship to child (please circle one) biological parent/adoptive parent/relative/step parent/foster parent

Address _____

Occupation _____

Education _____ Birthdate _____

Parent 2 name: _____

Relationship to child (please circle one) biological parent/adoptive parent/relative/step parent/foster parent

Occupation _____

Education _____ Birthdate _____

Marital status of parents (please circle one) Married/Separated/Divorced/Widowed

If child is adopted, please indicate source: _____

Date of adoption _____ Child's age at time of placement _____

Reason and circumstances:

What has your child been told about his/her adoption?

LIVING ARRANGEMENTS:

Number of moves in child's life _____ Places _____ Dates _____

Present Home (please circle all applicable) rent/own/house/apartment/other _____

Does your child share a room with anyone else? __Yes __No

If yes, with whom? _____

If no, how long has he/she had own room? _____

Did your child ever live away from the family? __Yes __No
 Explain: _____

What are the major family stresses at the present time, if any?

BROTHERS and SISTERS: (indicate if step-brothers or step-sisters)

Name _____	Age _____	Sex _____	Living at home Y__ or N__
Name _____	Age _____	Sex _____	Living at home Y__ or N__
Name _____	Age _____	Sex _____	Living at home Y__ or N__
Name _____	Age _____	Sex _____	Living at home Y__ or N__
Name _____	Age _____	Sex _____	Living at home Y__ or N__

Other members of household (age/sex/relationship to child/other important information)

Child and family history of:

Drug and/or alcohol problems: _____
 Mental Health problems: _____
 Self-Destructive behaviors: _____
 Legal issues: _____

CHILD HEALTH INFORMATION:

Please list any medical issues your child is currently experiencing or experienced previously

Has your child ever been hospitalized __Yes __No
 If yes, please explain _____

Current or prior medications (if applicable) _____

Name of Primary Care Physician _____

SOCIAL/DEVELOPMENTAL HISTORY:

Were there any problems during childbirth or early childhood that affected intellectual, social or emotional development and meeting of milestones?

Describe your child's relationships with siblings and peers

Describe special habits, fears, or idiosyncrasies

Describe any special interests or hobbies your child has (art, music, crafts, outdoor activities, sports, church)

EDUCATIONAL HISTORY:

Current school attending and grade level _____

Does your child have an IEP? Yes No

If yes, what is your child's classification? _____

Does your child have a 504 Plan? Yes No

If yes, please explain _____

Types of classes your child attends (please circle all that apply)

mainstreamed/resource room/self-contained/out of district school placement/other

Did your child repeat or skip a grade? Yes No

If yes, please explain

Please explain any other concerns you have about your child that were not addressed above

PARENT QUESTIONNAIRE

Date: _____

Name of child: _____

Name of parent: _____

Answer all of the questions by indicating the degree of the problem.

Write "N" for never, "S" for sometimes, or "O" for often in front of the number for each question.

- 1. Picks at things (nails, fingers, hair clothing)
- 2. Talks back to authority figures (attitude)
- 3. Has problems with making or keeping friends
- 4. Excitable, impulsive
- 5. Wants to run things
- 6. Sucks or chews (thumb, clothing, blankets, etc.)
- 7. Cries easily/often
- 8. Emotionally reactive
- 9. Has a chip on shoulder
- 10. Tendency to daydream
- 11. Difficulty learning
- 12. Always squirming, restless, and moving around
- 13. Experiences fear and anxiety in new situations/meeting new people
- 14. Breaks things/destructive
- 15. Lies, makes up stories
- 16. Does not follow rules
- 17. Gets into trouble more than peers
- 18. Shy and does not assert self
- 19. Has problems with speech (stuttering, hard to understand, baby talk)
- 20. Denies mistakes and is defensive
- 21. Blames other for mistakes
- 22. Steals
- 23. Argumentative
- 24. Disrespectful
- 25. Pouts and sulks
- 26. Obeys rules but is resentful
- 27. When hurt or angered by someone, holds a grudge
- 28. Develops stomachache or headache when stressed
- 29. Worries unnecessarily
- 30. Does not finish tasks
- 31. Emotionally sensitive and easily hurt
- 32. Bullies others
- 33. Cruel and insensitive

Additional Comments:

**ADOLESCENT SELF-ASSESSMENT:
CHIEF COMPLAINT (CHECK ALL THAT APPLY TO YOU)**

- Depression
- Low energy
- Low self-esteem
- Poor concentration
- Hopelessness
- Worthlessness
- Guilt
- Sleep disturbance (more/less)
- Appetite disturbance (more/less)
- Thoughts of hurting yourself
- Thoughts of hurting someone
- Socially withdrawal
- Sadness/loss
- Stress
- Anxiety/panic
- Heart pounding/racing
- Chest pain
- Trembling/shaking
- Sweating
- Chills/hot flashes
- Tingling/numbness
- Fear of dying
- Fear of going crazy
- Nausea
- Phobias
- Obsessions/compulsive behaviors
- Thoughts racing
- Easily agitated
- Excessive behaviors {spending, gambling}
- Delusions/hallucinations
- Not thinking clearly/confusion
- Feeling that you are not real
- Feeling that things around you are not real
- Lose track of time
- Unpleasant thoughts won't go away
- Anger/frustration
- Easily agitated/annoyed
- Defies rules
- Blames others
- Excessive use of drugs and/or alcohol
- Excessive use of prescription medications
- Blackouts
- Physical abuse issues
- Sexual abuse issues
- Other problems/symptoms: _____

Have you previously been in therapy: Yes No

Any Prior hospitalizations: Yes No Reason _____