



THERAPY RESOURCES

OF MORRIS COUNTY, LLC

PREADOLESCENCE AGES 9-12

At this age children start transitioning, adjusting to middle school or needing support in getting through their middle school life.

THERAPY SUPPORTS CHILDREN TO:

- Explore interests
- Search for identity
- Make healthy decisions
- Understand relationships with peers
- Develop coping strategies for school and social anxiety

Parents are an important part of the therapy process at this age. Therapy will focus on empowering parents and providing appropriate resources to support the child, parents and family as a whole.

SERVICES PROVIDED

Individual Therapy for Depression and Anxiety
Parenting Support/Postpartum Transitions
Couples/Family Counseling
Conflict Resolution/Domestic Abuse
Addiction/Recovery/ACOA Support
Stress/Anger Management
Co-Occurring and Dually-Diagnosed Disorders
Work and Career issues
Grief Counseling/Posttraumatic Stress
Group Psychoeducational Therapy

CONTACT US

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